

## Did you know???

-that the MHSAA web site offers a wealth of information on schedules, scores, health and safety, tournaments, etc.?

-that FCS no longer provides accident insurance for sport injuries, but families may purchase supplemental student medical insurance coverage for injuries that occur while participating in athletics?

-the year round athletic code and the entire parent student athletic handbook are on line on the school website?

-the Fruitport Athletic Foundation is a parent support organization that is always seeking support for our 7-12 programs? The AF meets the third Monday of each month in the High School Library at 6 PM.

-discount ticket cards may be purchased to save 1/3 of regular season home game ticket costs!

-senior athletes graduate with a g.p.a. nearly one half grade higher than non-athletes?

-participation in high school athletics is a privilege, not a right, and we expect our athletes to exemplify good citizenship in and out of season, and that our standards of participation often exceed the minimum MHSAA regulations?

-the Fruitport Guidance office or Athletic office can provide you with information about NCAA eligibility for collegiate athletics, and related questions? It is absolutely critical that incoming students and parents understand the importance of scheduling classes that meet NCAA approval, and earning the highest possible grades in those classes as well!

That Fruitport High Schools utilizes the imPACT concussion management program, offering a scientifically based removal/return to play protocol when athletes suffer a suspected concussion?

Athletic Office 231-865-4035

School Website:

[www.fruitportschools.net](http://www.fruitportschools.net)

Ken Erny, Athletic Director

*Fruitport will participate in the Black Division of the OK Conference starting in the fall of 2016. Other members are Mona Shores, Muskegon, Reeths-Puffer, Kenowa Hills, GR Union, and Jenison.*

Academic eligibility for sports participation at Fruitport is set by the MHSAA and by school policy. In order to participate, student-athletes must receive credit in 5 of 6 classes in each semester, and must be passing those classes each week.

Athletes must have a Parent Consent form and a completed physical form on file dated after April 15, 2016 in order to practice or play during the 2016-17 school year.

2016-17 service fees for grades 9-12 student athletes are \$85 per school year regardless of the number of sports participated in. Fees must be paid prior to competition.

## FRUITPORT HIGH SCHOOL ATHLETIC DEPARTMENT



*"Teaching leadership and character in the quest for athletic excellence".*

## Information Guide For Parents of New Student- Athletes

Athletic Office  
357 N Sixth  
Fruitport, MI 49415  
**231-865-4035**  
[www.fruitportschools.net](http://www.fruitportschools.net)

## OUR MISSION

In keeping with the vision of *empowering individuals to positively impact their world*, the **Fruitport Athletic Department aims to provide students opportunities to develop character, loyalty and school spirit; to practice teamwork, hard work, discipline, sacrifice, leadership and sportsmanship; and to gain lifetime appreciation for sports and a healthy lifestyle.**

## PARENT COACH COMMUNICATION PLAN

As parents, when your children become involved in the athletic program, you have a right to understand the expectations placed upon your child. This begins with clear communication from his/her coach. It is essential that parents be represented at the parent meeting that each head coach sponsors prior to each season. **The full communication guide is outlined in the parent student handbook which is given to each athlete. It is reviewed at each pre-season parent meeting. Copies of this handbook, as well as other Athletic Department information is on line at [www.fruitportschools.net](http://www.fruitportschools.net) High School page Athletics link.**

**The five components of teamwork are communication, trust, collective responsibility, caring, and pride.**

*Coach Mike Krzyzewski, Duke University*

## SPORTS AVAILABLE AT FHS

Fall	Football	9, JV, V
	B Soccer	JV, V
	G Golf	V
	B/G XC	V
	G Volleyball	9, JV, V
	B Tennis	V
Winter	Sideline Cheer	JV, V
	Wrestling	V, JV
	B Basketball	9, JV, V
	G Basketball	9, JV, V
	Competitive Cheer	V, JV
	B/G Bowling	V
Spring	Softball	JV, V
	B/G Track	V
	G Soccer	JV, V
	B Golf	V
	Baseball	JV, V
	G Tennis	JV, V

## ADVICE FOR PARENTS OF ATHLETES

**Don't** focus on whether your child won or lost. Focus on **effort**, and reaching one's full potential. Don't confuse **worth** with performance.

**Release** your student athlete to the game, to the coach, and even to the officials. Refrain from dissecting every play. Don't **compare** the abilities of your player with his/her teammates.

**Don't** shout instructions to players or coaches during the game. Teach the importance of **RESPECT** for opponents, officials, and coaches.

**Make a commitment** to refrain from negative talk about your son or daughter's coach. Make a commitment to not define **winning** as success or **losing** as failure.

If you have a problem with the way things are unfolding, use the **communication plan** highlighted in the parent handbook.

Help us **keep athletics educational**. We are all in this with the goal of **developing student athletes**.

## HIGHLIGHTS FOR PARENTS OF HIGH SCHOOL ATHLETES

**Welcome to high school athletics!** We hope your student will consider participating in one or more sports during his or her high school career. Below is a brief introduction to the transition from Middle School to High School sports.

*Participation in athletics is a privilege*, not a right, and athletes are to exemplify good citizenship in the greater community as well as in the school. Athletes can be denied participation for violations of the athletic code in the off season and summer.

Please keep in mind that four of the biggest differences from Middle School to High School are:

- 1) longer seasons;
- 2) longer practices;
- 3) an increased commitment to conditioning;
- 4) an increased disparity in playing time.

The purpose of JV and Freshman programs is to  
1) increase participation levels; and  
2) strengthen the future varsity teams by teaching fundamentals and giving game experience as much as possible. There are **no mandates regarding playing time** at either level, although there is a goal of all freshman level players receiving game exposure at least once per week.

Athletes **must be passing** a *minimum of 5 of 6 classes* to remain eligible to play.

We want to emphasize that there is **value in participation**. We discourage focusing on college scholarships or professional play as a primary means for motivation. We encourage **multiple sport participation** over year round specialization, and believe that extracurricular participation develops well rounded and well prepared students.

*Please utilize the high school sports web page at [www.fruitportschools.net](http://www.fruitportschools.net). Also helpful is the MHSAA web site at [www.mhsaa.net](http://www.mhsaa.net).*